

May 2024

Ector Co.Eld. Nutrition
1225 N. Adams-Odesa
(432)333-6791

Due to availability of food, menu is subject to change

Northside Center 11:30 - 12:30 Southside Center 11:00 - 12:00

\$3.00 Suggested
Meal Donation

SUMMIT -Meal Provider

Monday

Tuesday

Wednesday

Thursday

Friday

		1	2	3
		BBQ Meatballs Potato Salad Brussels Sprouts Cheeze its Fudge Bars Tea/Milk	Grilled Chicken Scalloped Potatoes CA Mixed Vegetables Granola Bars Cookies Tea/Milk	Beef Tenderloin Steak Red Skin Mashed Pot Italian Cut Green Beans Harvest Nuts Chocolate Pie Tea/Milk
6	7	8	9	10
BBQ Chicken Breast Mashed Potatoes CA Mixed Vegetables Jello Fruit Fresh Tea/Milk	Beef Fajitas Spanish Rice Pinto Beans Cake Apple Sauce Tea/Milk	Chicken & Dumplings Bean Medley Broccoli & Carrots Fruit Cup Brownie Tea/Milk	Italian Beef Goulash Dinner Roll 5-Way Mixed Veggies Yogurt Granola Bar Tea/Milk	Green Chili Pulled Pork Black Beans Coleslaw Cake Jello Tea/Milk
13	14	15	16	17
Chopped Steak Au'Jus Red Skin Mashed Potatoes Broccoli Florets Cookies Fruit Tea/Milk	Honey Dijon Chicken Wild Rice CA Mixed Vegetables Cheeze its Brownies Tea/Milk	Cheese Burgers Maccaroni Salad Lettuce & Tomatoes Chips Cake Tea/Milk	Chicken Teriyaki White Rice Asian Vegetables Apple Sauce Brownie Tea/Milk	Meatloaf Marinara Mashed Potatoes Peas & Carrots Pie Coconut Tea/Milk
20	21	22	23	24
Grilled Chicken Parm Italian Pasta Salad CA Mixed Vegetables Cheese stick Granola Bar Tea/Milk	Beef Stew & Potaotes Mac & Cheese Broccoli Florets Cookie Fresh Fruit Tea/Milk	Sliced Ham w/Glaze Mini Bakers Bacon Green Beans Yogurt Muffin Tea/Milk	Green Chili Chicken Spanish Rice Pinto Beans Cake Fruit Cup Tea/Milk	Sliced Beef Brisket Potato Salad Mixed Vegetables Apple Sauce Brownie Tea/Milk
27	28	29	30	31
CLOSED FOR MEMORIAL DAY 	Gen Tso's Meatballs White Rice Broccoli & Carrots Cake Fresh fruit Tea/Milk	Grilled Chicken Burger Italian Pasta Salad Lettuce & Tomatoes Rice Crispies Yogurt Tea/Milk	BBQ Sausage Link (2) Scalloped Potatoes Bacon Cabbage Muffin Jello Tea/Milk	Beef Tenderloin Steak Red Skin Mashed Potatoes Italian Cut Green Beans Pudding Cake Tea/Milk